9 KATA-TE-DORI

Kodokan-Textbook	**Purpose/Comment**	**The sequence is well done, if:**	**The action is not correct, if:**
(official english translation 2010)	RIAI	(positive indicators - 21 items)	(correlating negative indicators)
After finishing “Naname-uchi”, Tori moves to the left side of Uke and both stand facing Shomen in Shizen-hontai.			
Uke grabs Tori ’s right wrist with the back of his left hand facing upward.		- Uke grabs Tori´s hand with a small movement	- Uke makes an exaggerated movement to grab Tori´s hand
Tori extends his right hand fingers and thumb while holding them together with the back of his hand facing upward, while reversely controlling Uke ’ s left arm by slightly stretching his elbow, moves his right foot forward with his body to the front of his left foot (keeping his arm to his shoulder’s height) and attempts to release Uke ’s left hand.		- Tori pulls Uke to his left front corner while freeing his wrist in order to disturb Uke´s balance - Tori bends his elbow to push against Uke´s arm	- Tori lifts his right arm straight forward to Shomen - Tori keeps his elbow straight without pushing against Uke´s arm
Uke takes one step diagonally forward to his left with his right foot, puts his right palm on Tori ’s right elbow from below his left hand and pushes the elbow away to release his left hand and then, puts his left hand on Tori ’s left shoulder to turn around Tori ’s body to the left by dragging Tori toward Uke.	Mistake in the translation! Tori has no grip on Uke´s arm in this moment, so there is no need for Uke to do anything to release his left hand. He simply has to open it. Instead Uke pushes Tori´s elbow away to avoid a possible elbow strike Uke wants to turn Tori and at the same time break his balance to the rear (similar to RYOKU-HI in Koshiki-no-Kata)	- Uke´s feet are a little bit offset to the left of Tori - Uke immediately controls Tori´s right elbow with his right hand - Uke pulls back Tori´s shoulder as soon as possible	- Ukes feet are behind Tori´s feet. - Uke pauses before attacking Toris elbow - Uke takes some time to attack Tori´s shoulder

While responding to Uke ’s moves, Tori turns around his upper body to his left while keeping the positions of both of his feet unchanged, holds Uke ’s left arm with his right hand (holding it from below through inside Uke ’s left arm) and deeply inserts his left hand under Uke ’s right armpit and along the belt to control Uke with left “Uki-goshi” (it should be, however, in the form of “Ogoshi” so as to make Uke raise both of the legs high enough).	The ideal height of the lift is reached, when Uke is held in balance, not slipping forward or sideward from Tori´s hip and not dragging Tori to the rear with his body. The angle of Uke´s body when fully lifted should therefore be something between 35° and 50°. If it´s less, then Tori´s hip position is not accurate and/or he is not flexible enough to bend his body forward sufficiently. To lift Uke higher then about 50° it would be required that Tori strongly holds Uke to prevent him from falling down and/or Uke is actively pushing himself up for "show". The idea is to lift Uke until the "point of no return" and not unnaturally higher.	- Tori pushes away Uke´s hand from his shoulder with Uke resisting against it. - Tori grabs around Uke´s hip with his left hand and Uke´s elbow with his right hand at the same time - Tori´s shoulder is completely under Uke´s armpit - Tori stretches and controls Uke´s elbow in a kind of kansetsu-waza while dragging Uke to him. - Tori drags Uke against his body to control him with (an attempt) of Uki-goshi - Tori´s body is erect with his left shoulder leaning a little bit to the rear and his shoulder fully under Uke´s armpit. - Tori shifts his hip a bit more to Uke´s front while maintaining contact. - Tori´s knees are bent slightly before lifting Uke in O-goshi form - Uke holds his body tensioned, but not overly stiff - Uke is lifted by Tori - Tori lifts Uke by bending forward and stretching his knees at the same time - Uke´s feet are stretched out and held together	- Uke releases his grip at Tori´s shoulder without being forced. - Tori grabs Uke´s hip and elbow one after the other - Toris shoulder is not under Uke´s armpit - Tori does not control Uke´s elbow - Tori leaves some space behind him and Uke after dragging Uke behind him. - Tori´s shoulder slipped off Uke´s armpit and/or Tori´s body is bent sideward. - Tori shifts his hip too far or Uke moves to the rear of Tori, so that the hips of Tori and Uke are crossing - Tori´s knees are already straight when Tori lifts Uke off the ground - Uke bends in the waist - Uke lays himself on Tori´s back and or pushes himself actively higher then Tori can lift him. Tori stretches his knees first and then bends his body forward. - Uke´s feet are apart.

		- Tori holds Uke stable in the final position	- Uke is wabbling and instable or Uke´s head is moving away from Tori
After leaning back fully and stretching both of his legs held together to lift, Uke signals “Mairi ” by lightly tapping the right side of Tori ’s hip with his right hand. Tori releases the technique and brings down Uke from his hip.		- Tori puts down Uke smoothly - Uke holds body-tension until he is set on the ground	- Tori puts Uke down too fast - Uke loses tension while being set on the ground