



Individual development

Strengthen the strengths

Agenda

- Current situation
- Vision and purpose
- Key focus areas for change
- Action steps
- What teachers need

Current situation

What is working well:

- The students have got individual goals, that they try to achieve during school time
- We have got an evaluation system to reflect

Key challenges:

- find smart goals for the students, that they are able to achieve
- awareness of the goal in daily life
- reflecting it regularly
- criteria for strength

Vision & purpose

- focus on strength
- use cards with information about strength
- growth mindset
- work with failure, failure means development

Key focus areas for change

students well being,
autonomy
and participation



Action steps

We plan an Orientation Lesson for our classes

Step 1: Let's have a positive start:

“What made you smile today?”

-talk about little situations of the day

Goal: Create a positive atmosphere in the class

Step 2: Talking about strength

“What kind of strength do you know?”

cards on the table

“What kind of strength did you get to know today?”

Step 3: Warm shower

**“Write down two strengths that you see in your partners.”
(groups of 4-5)**

Step 4:

Three powers and one to improve

**“Write down three strength that
you think you already have
and one strength, you want to
work on”**

**Help: cards, sheet with four
corners**

Step 5: Individual development conversation

Teachers have a conversation with each student about their strength and write down a smart goal together, that can be reflected

What teachers need...

- **positivity, focus on strength**
- **knowledge of strength**
- **cards with information about strength and how to improve the strength**

Vielen Dank!